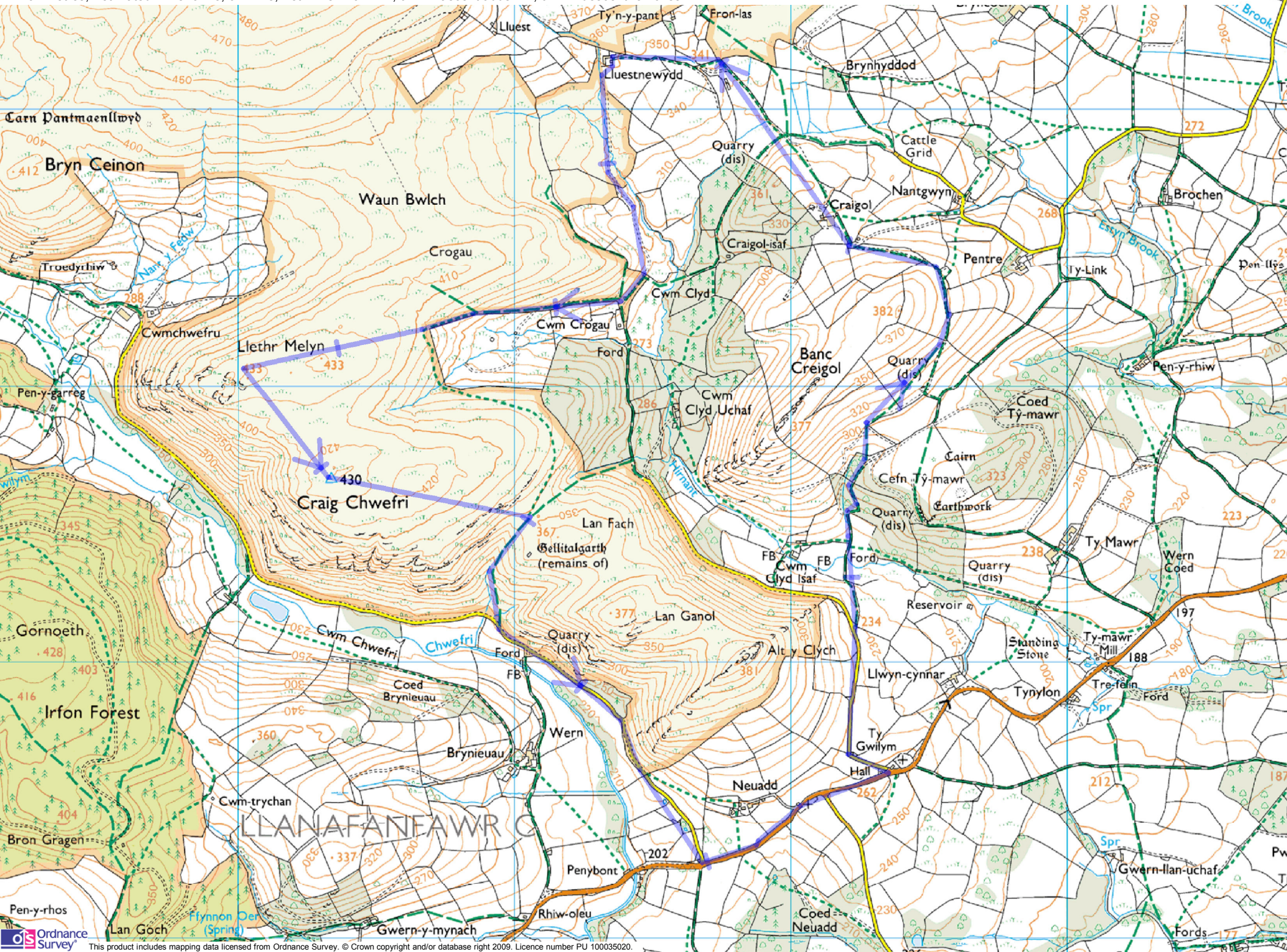
Anquet Maps 2009 www.Anquet.co.uk (Bottom Left - Top Right)-(SN 951 559-SN 997 595) Map printed at 1:16,667

Route: Walk 25 Llanafan, Start Point: SN 983 566, End Point: SN 983 566, Flat Length: 5.96 Miles, Hidden Length: 6.00 Miles, Max Height: 430.54 Metres, Min Height: 210.81 Metres, Height Ascended: 421.32 Metres, Estimated Time: 3 hrs, 34 mins, Est Time: 2.3 Mi/hr, 914 m ascent adds 1hr, 914 m descent removes 1h



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